

Meatloaf

Ingredients:

- 1 lbs. 90% lean ground beef
- 6 oz ground turkey
- 1 egg
- 1 bag Ranch Balls
- 0.3 C tomato soup
- 2 tsp onion powder
- 2 tsp dill seed

Directions:

1. Preheat oven to 350°
2. Add all ingredients into a bowl and mix well.
3. Bake at 350° for 45 minutes.

Makes 6 servings. 1 serving = 3oz slice

Each serving uses:

4 oz of lean protein, 1/6 of Diet Right protein product

Optional: Add Flavor God Bacon Lovers seasoning