



Weight Loss Done Right!

Pumpkin Spice Donuts

Ingredients:

- 1 packet Diet Right Pumpkin Spice Latte Drink Mix
- 3 eggs
- 1/4 tsp. baking powder
- 1/8 tsp. baking soda

Directions:

1. Beat the eggs in a large bowl.
2. Add the rest of the ingredients and mix until completely blended.
3. Drop a teaspoon of margarine into a mini donut maker and cook according to instructions.
4. Enjoy! Optional: Dip with Walden Farms Maple Syrup

Servings:

Makes one serving which includes one protein packet and 3 oz. of your daily lean protein.