



*Weight Loss Done Right!*

## SPANISH RICE

### Ingredients:

- 2 tsp. olive oil
- 2 cups cauliflower rice
- 1 packet of Diet Right Tomato Bouillon Soup
- 3 oz. water
- 2 dashes onion powder
- 2 dashes garlic powder
- 2 dashes cumin
- 2 dashes chili powder
- Red pepper flakes to taste

### Directions:

1. Heat oil in saucepan over medium heat.
2. Fry cauliflower rice in hot oil until golden brown, 2 to 3 minutes.
3. Stream the water into the saucepan while stirring the cauliflower rice to desired thickness; add seasonings and enjoy!

### Uses:

2 cups of select vegetables

1 Diet Right Product—80 Calories / 5 grams carbs

Healthy fat—2 tsp. olive oil