

Tabbouleh Salad

Ingredients:

- 1 Medium Cauliflower Head
- 5 Medium Mushrooms
- 3 Small Dill Pickles
- 1 Celery Stalk
- 1 Medium Cucumber
- 1 tsp Minced Garlic
- ¼ Cup Chopped Red Onion
- 1 tsp Olive Oil
- 1 tbsp Horseradish Mustard
- 1 tbsp White Wine Vinegar
- Pinch of Chives
- Chopped Basil to taste
- Sea Salt to taste

Directions:

1. Dice or coarsely chop all the ingredients and place them in a mixing bowl.
2. Add Mustard, Vinegar, Oil—then sprinkle with sea salt.
3. Mix all together and enjoy!

Note: Play around with this recipe and have fun with it. Use the ingredients and directions as a starting point. You can also add protein to this salad, such as grilled chicken or tuna.

**Yields approximately 5 servings