



Weight Loss Done Right!

Ira's Dill Pickle Soup

Ingredients:

- 1 packet Diet Right Chicken Soup Mix
- 6oz of water
- 2oz dill pickle juice
- ½ cup green onions, diced
- 1½ cups of dill pickles, diced
- ¼ teaspoon curry powder
- ¼ teaspoon of herb and garlic seasoning
- 2 teaspoons olive oil
- Salt and pepper to taste

Directions:

1. In a pot over low heat, sauté green onions and dill pickles with olive oil
2. Combine water, dill pickle juice, and Chicken Soup Mix in a shaker and mix well
3. Add liquid ingredients and spices to pot
4. Simmer soup until desired temperature is reached
5. Add salt and pepper to taste
6. Serve. Bon Appétit!