



Sweet Dijon Dressing

Ingredients:

- 1 teaspoon Dijon mustard
- ½ teaspoon Splenda or Stevia
- 1 Tablespoon lemon juice
- 2 Tablespoons rice vinegar (must be 0 sugar)
- 1 teaspoon dried mint
- 1 teaspoon dried thyme
- 3 Tablespoons olive oil
- salt and white pepper to taste

Directions:

1. In a blender, blend all ingredients except oil.
2. While blender is running, add oil in a thin stream until emulsified.
3. Serve dressing immediately