



Weight Loss Done Right!

Ginger Dressing

Ingredients:

- 2 Tablespoons rice (must be 0 sugar) or apple cider vinegar
- 1 Tablespoon grated ginger root
- 1/3 cup olive oil
- 1 Tablespoon soy sauce
- ¼ teaspoon Stevia, salt and pepper
- ¼ teaspoon hot pepper sauce

Directions:

1. Mix vinegar with ginger and let stand for 2 minutes.
2. Strain into bowl, press to extract liquid.
3. Whisk in oil, soy sauce, Stevia, salt, pepper, and hot pepper sauce