



Double Chocolate Chip Muffins

Ingredients:

- 1 Diet Center dark chocolate pudding mix (dry)
- 1 Diet Center chocolate chip pancake mix (dry)
- 1 teaspoon baking powder
- 1 packet Splenda or Truvia
- 1/3 cup liquid egg whites
- 2 teaspoon olive oil
- 4 tablespoons water
- Cooking spray

Directions:

1. Preheat oven to 350° F
2. In a medium bowl, mix together the dry ingredients
3. Add liquid ingredients; stir to mix.
4. Spray regular size muffin tin with cooking spray; spoon batter into muffin tray, making 6 muffins.
5. Bake 10-12 minutes
6. Cool and Enjoy!

Servings:

- 3 muffins equal 1 high card protein item